

# Spring Cleanout Checklist

## 7 DAYS to a DECLUTTERED HOME

### ☐ Day 1: Linen Closet

Sheets  
Towels  
Blankets  
Curtains

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### ☐ Day 2: Bathroom/Cleaning/Laundry Room

Old soaps and shampoos  
Old or empty laundry and cleaning supplies  
Expired medications

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### ☐ Day 3: Clothing

Too small  
Too big  
Never wear  
Worn/Torn

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### ☐ Day 4: Kitchen

Expired food  
Old spices  
Lids with no containers  
Things you never use

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### ☐ Day 5: Papers

Old bills  
Old appliance manuals  
Receipts  
Paper junk

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### ☐ Day 6: The storage area

Furniture you haven't used in years  
Old or outgrown toys/kids' things  
Memorabilia/Collectibles that are just collecting dust

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### ☐ Day 7: The garage and car - Sort, get rid of stuff, and organize that garage!

Broken tools  
Old or outgrown toys  
Things you don't use

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